

# CURRICULUM

## Theory 1

UNIT	TOPICS	DESCRIPTION
UNIT I	History of Dance	<ul style="list-style-type: none"><li>• Origin of Natya according to Natya Shastra of Bharata Muni</li><li>• Introduction to 11 aspects of Natya shastra</li><li>• Study of the 8 Indian Classical Dance Forms</li></ul>
UNIT II	Life histories	<ul style="list-style-type: none"><li>• History and Development of Bharatanatyam</li><li>• Life histories of: (a) Rukmini Devi Arundale (b) Tanjore Quartet</li><li>• Study of the 8 Indian Classical Dance Forms</li></ul>

UNIT III	Technical aspects	<ul style="list-style-type: none"> <li>Abhinaya and its 4 aspects</li> <li>Anga, Upanga and Pratyanga</li> <li>Asamyuta and Samyuta Hasta Shlokas from AbhinayaDarpanam</li> <li>Greeva, Shiro, Drishti and PaadaBhedaShlokas from AbhinayaDarpanam</li> <li>SaptaTala</li> </ul>
UNIT IV	Definitions	<ul style="list-style-type: none"> <li>Definitions of :</li> <li>Nritta, Nritya, Natya, Sollukattu, Teerumanam</li> <li>Korvai, Aramandi, Soushtavam, Swara, Jati</li> </ul>

## Practical 1

UNIT	TOPICS	DESCRIPTION
UNIT I	Fundamentals	<ul style="list-style-type: none"><li>• Basic Exercises</li><li>• Adavus</li><li>• Jatis</li></ul>
UNIT II	Fundamentals	<ul style="list-style-type: none"><li>• Alarippu - 1</li></ul>
UNIT III	Music	<ul style="list-style-type: none"><li>• Music for the dances learnt</li></ul>
UNIT IV	Nattuvanaga	<ul style="list-style-type: none"><li>• Tala and Nattuvanaga for the dances learnt in this level</li></ul>

## Practical 2

UNIT	TOPICS	DESCRIPTION
UNIT I	Fundamentals	<ul style="list-style-type: none"><li>• Pushpanjali - 1</li></ul>
UNIT II	Fundamentals	<ul style="list-style-type: none"><li>• Jatiswaram - 1</li></ul>
UNIT III	Music	<ul style="list-style-type: none"><li>• Music for the dances learnt</li></ul>
UNIT IV	Nattuvanaga	<ul style="list-style-type: none"><li>• Tala and Nattuvanaga for the dances learnt in this level</li></ul>

